

## Ingredient trends

What's on the way out  
What's HOT  
Future Hot

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## Important Points

- Locavore Eating
- Organic vs. Inorganic
- Sustainability
- Handmade vs. Processed

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## Veggies

<ul style="list-style-type: none"><li>• Brussel Sprouts</li></ul> 	<p>Hen of the Woods</p> 	<p>Salsify</p> 
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Salsify wrapped in Zucchini with Greek Yogurt  
Foam and A Corn Beignet Lollipop



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Seafood

- Lobster
- Cod
- Sawagani Crabs



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Sawagani Crabs



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Meats

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- Bison

Pork Belly



Rabbit





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The Rabbit and Chicken

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Spice Blends

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- Curries

Ras el Hanout



Togarashi





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### Fruits

- Fruits
- Old but still hot- Avocado
- Currently Hot- Jack Fruit
- Will be Hot- Dragon Fruit



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### Breads

- Old trend – Croissants/ Biscuits
- Indian Breads- Naan and Kulcha
- Arepas



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### Cheeses

- Old but still enjoyed- Brie
- Current Trend- Curds
- Up and Coming – Leaf Aged Cheeses



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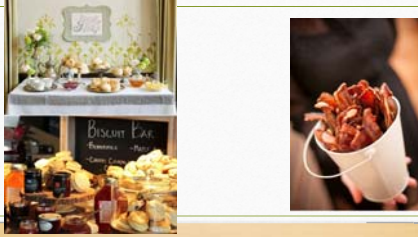
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Southern Food is Hot  
Bacon and Biscuit Bars



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Ancient Grain and Veggie Station



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Ethnic Themes and Cuisine



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### Top Ten Ethnic Cuisines in the US

77% eat ethnic when dining out/ 38% eat other ethnic foods at home

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|--------------------|------------------------|------------------|
| • 1- Chinese 76%   | 6- French 26%          | survey by:       |
| • 2- Mexican 74%   | 7- Thai 24%            | Voice of America |
| • 3- Italian 71%   | 8- Spanish 22%         |                  |
| • 4- Japanese- 32% | 9- Indian 19%          |                  |
| • 5- Greek 31%     | 10- Middle Eastern 14% |                  |

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### Indian Curried Cod



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### Vietnamese- Pork Pho with Poached Egg



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### Moroccan Roasted Cauliflower



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### Middle Eastern Fusion



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### How to identify or create a trend

- 1- Read articles
- 2- Dine at cutting edge restaurants
- 3- Talk to your chef
- 4- Create Team Tastings that promote creativity

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